

Internalization of character values in the Qur'an in order to overcome the problem of Gen "Z" characters

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Abstract

This research aims to identify the problems of the Gen Z generation and to overcome their problems with the character values in the al-Qur'an. This type of research is library research obtained from various journal articles and proceedings on Google Scholar. Its analysis techniques were conducted in four stages, namely: data collection, data classification, data display, conclusion. Its results reveal that there are three important elements that play roles in shaping the character values of the al-Qur'an in the generation, including family, school and society. The internalization strategy can be applied to three elements in the form of: exemplary (showing good character), advisory education, supervisory education, knowledge and understanding, and habituation.

Key word: Character values, al-Qur'an, Generation Z

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Introduction

Character issues continue to be a serious concern for various groups, this is due to the many problems that show the magnitude of the character crisis that has hit this country. Even the phenomenon that continues to be discussed in this 5.0 era is about character issues in young people. Indonesia Emas 2045 as one of the manifestations of the demographic bonus must be realized, therefore from now on there must be a synergy between the government and academics, scholars, and other elements of society to create a generation that masters science and technology but still has strong values and character in themselves.

The importance of character education that must be instilled in children from an early age includes faith and morals (Mukhid, 2016). Because character is actually a personality that exists in a person with psychological traits, character, morals that distinguish it from others. Attitude, mindset, behavior, personality, temperament and emotional values are part of character (Zannah, 2020).

Young people as the successor of a nation are very important to foster a good and wise personality. The young generation has a major role in the future as well as the foundation for the people in a country (Chaq&Mahmudin, 2024). The young generation of the 5.0 era is referred to as generation Z or "digital natives" because they were born after the internet. This is evidenced by the high use of the internet, communication technology, social media (Kurniawan, et al., 2021). The life of the current generation that goes hand in hand with technology has created many complex problems, especially in the character of Z generation.

The expectation of rapid technological development makes generation Z an educated generation and more literate than previous generations regarding technology (Nawawi, 2020). However, the fact is that there are many problems faced by this generation. Excessive pleasure in gadgets is felt by generation Z so that it has obstacles in the socialization process (Rohman et al., 2023). In addition, work ethic and low responsibility are very visible in this generation. Lack of respect for parents and teachers is also an obstacle for gen Z (Kurniawan, 2021). The problems

experienced by the current generation need improvement in terms of their character and personality. One way is to instill the values of the Qur'anic character in young people.

We need to believe that the Qur'an is the main source of reference for Muslims that is not limited to time and era, meaning that even in this 5.0 era, the Qur'an is still very relevant to overcome the problems that arise, especially those related to character issues. Therefore, to overcome the problems that befall gen Z is to instill the value of character values contained in the Qur'an.

The Qur'an is the holy book of Muslims as a guide to life for them, but it also has the aim of educating and changing the human condition from ignorance to intelligence (Zannah, 2020). The importance of fostering character values in children is implemented by parents and the surrounding environment. There are two factors that greatly influence the formation of character, namely internal and external. Internal factors from a person's innate can make him behave well, while external factors are in the form of guidance from the surrounding environment, good education and interaction in a healthy environment (Muthmainah, 2020).

The characters reflected in the Qur'an as explained by Arif, (2014) include having gratitude, good deeds, respect, patience, self-control, wise, friendly and humble. This commendable attitude or behavior should be owned by generation Z today. Safitri et al. (2022) also provided additional character values in the Qur'an, namely honesty, religion, hard work, respect for knowledge, discipline, humility, respect and courtesy.

The various problems that have been described above require a serious study to overcome these conditions today. The most basic strategy for securing Qur'anic character values in young people is to internalize Qur'anic values in them. This is an effort to improve the character and problems experienced by generation Z. Therefore, this research was conducted to find out the various character problems of generation Z and efforts to overcome these problems by instilling character values contained in the Qur'an.

Method

This research is a type of library research which discusses the literature related to the topic of this research. Information and data collected from various literatures such as books, journal articles, proceedings and other sources that have relevance to the topic of character values in the Qur'an in order to overcome generation Z problems. Data obtained from Journal sources, proceedings and other sources that are in accordance with the issues being discussed in this study. Then the data analysis was carried out by researchers divided into four stages, namely: First, data collection is carried out by searching for various literature that contains and is relevant to the topic being discussed, second, classification of data needed in this study, third, data display in the form of exposure of data that has been collected and classified by researchers based on research needs, fourth, conclusion of findings obtained in the previous exposure process and providing recommendations for further research with specific objectives.

Results and Discussion

Character Values in the Qur'an

Before discussing further about character in the Qur'an, we need to fundamentally understand the definition of character. Character has the meaning of a person's personality with psychological traits, morals, character, ways of thinking, behaving so that it becomes a distinctive characteristic that is different from other people to make decisions and take responsibility for their actions (Mukhid, 2016; Rahman, 2022; Zannah, 2020). Arif, (2014) also has the same opinion that character is a person's character, psychological traits, character that is different from others. If so, then character is a trait inherent in a person related to the psyche that causes good or bad actions so that it characterizes a person.

Character values are important to instill in the younger generation. Character values in the Qur'an contain good character that will shape a person to be better (Zannah, 2020). Planting character values can be done by families, schools, and surrounding communities. Because seeing today many children's characters are far from the provisions of the Qur'an, it is necessary to work together between the three parties to shape the character of the younger generation (Fadhilah&Deswalantri, 2022).

Some of the character values contained in the Qur'an as explained by Hakim et al., (2019) are Religion, honesty, gratitude, love for the country, love of peace, justice, responsibility, trustworthiness, hard work, self-intropection, patience. Religious value means guarding or being vigilant. Honest nature shows a picture of goodness. Gratitude is an attitude of accepting the favors obtained either from the tongue, deeds or pleasure of the heart.

The attitude of love for the homeland is evidenced by actions to protect nature from pollution, exploitation, destruction. Peace-loving attitudes favor peace by not harming others, causing riots and violence. Justice is the nature of keeping the trust given to someone. Responsibility is the ability of a person to manage an affair with his ability. Furthermore, trustworthiness means keeping what is ordered to him. Hard work is an attitude of persistence and seriousness to realize goals. Self-introspection is the improvement of the quality of one's actions. The nature of patience is included in accepting all forms of complaints due to life tests.

Zannah, (2020) supports Hakim's opinion in his research that the characters contained in the Qur'an include honesty, tolerance, discipline, hard work for oneself, love peace with others, care for the environment, social care, grateful for what one has, confidence in everything, and responsibility. The Qur'an can be a reference as character education for the younger generation. The cultivation of character values is very important to foster the lives of the nation's children in the future.

Another study of the value of the character in the Qur'an was conducted by Arif, (2014) and Rahman, (2022) discussing QS Luqman verses 12-19. As for the character values contained in QS Luqman verses 12-19 are gratitude, wisdom, charity shaleh, attitude of respect, kindness, patience, humility, religious, communicative, responsibility, hard work, self-reliance and self-control. As well as good character values such as taaruf, tolerance, brotherly attitude (Fadhilah & Deswalantri, 2022).

Azizah et al. (2023) found character values in QS Al Baqarah verses 261-267. Religious character includes spending wealth in the way of Allah and its wisdom. Then the value of personal character in the form of familiarizing yourself and being generous. Finally, the value of character to social care, namely maintaining speech, caring for others. All valuesThe character values described include the praiseworthy traits taught by the Qur'an.

The various studies presented show that the character values contained in the Qur'an all aim to educate humans to be better for themselves and others. The character values that are good for oneself are religious attitudes, gratitude, honesty, justice, responsibility, trustworthiness, hard work, self-introspection, patience, discipline, self-confidence, good deeds, and humility. Meanwhile, character values that have a good impact on others are love for the country, love of peace, tolerance, environmental care, social care, wisdom, respect, friendly attitude, communicative and generous.

Generation Z and its Problems

The scientific and technological revolution has accelerated all aspects of life. As a result, the term "digital native" has become a new nickname for the current generation of young people. "Digital native" is a term for generation Z whose entire life is side by side with the sophistication of technology and communication such as the internet which has an impact on dependence on technology (Kurniawan, 2021).

Generation Z is in a very fast technological development that makes them easily access information and diverse cultures. Therefore, the risks of developing and using technology

need to be considered and watched out for. Character cultivation based on the Qur'an is needed to overcome the problems of gen Z (Chaq&Mahmudin, 2024).

Csobanka, (2016) provides an overview of the characteristics of generation Z. They were born around the millennium era, do not recognize the world without the internet, use the internet and social networks, there is a global connection, flexible smart and tolerant of different cultures, social networking sites become the main platform for communication, have qualified device skills, have thousands of online contacts, multitasking (Blogging, writing emails, listening to music), making quick decisions, not stuck in one place, they learn, make friends and have fun in different ways. It is not unusual for gen Z's daily life to be inseparable from gadgets, causing many problems for them.

The problems experienced by Generation Z are less familial than previous generations. They have intelligence but cannot process information emotionally. They live a happy life but have low values. Peers' opinions are overrated and considered important. The last problem is the emergence of new ways of partnership and sexuality (Kurniawan, et al., 2021). In addition, decreased work ethic, low responsibility, dishonesty, bullying their friends, low respect for parents and teachers (Kurniawan, 2021).

Generation Z's dependence on technology has led to a preference for instant things, resulting in a lack of patience in dealing with the process (Putra et al., 2023). As a result, generation Z must be able to overcome the ease of being influenced by technological advances (Alfikri, 2023). This shortcoming characterizes generation Z to find an identity or a way of life.

The complexity of the problems faced by generation Z requires alternative solutions so that they do not fall into negative things, therefore strengthening character is the main foundation so that this generation can become a truly superior generation that is ready to face the challenges of the times.

Discussion

Internalization of Character Values in the Qur'an in Generation Z

Building the character of a nation is not as easy as one might think. Many aspects must be considered in order to instill exemplary character values. From the problems described earlier, it demands realistic action for the nation's generation. A very fundamental action is the process of internalizing character values in the Qur'an from various parties attached to the current young generation.

Internalization is the unification of values in a person or the adjustment of beliefs, values, attitudes, behavior/behavior, practices and standard rules in a person. Internalization is carried out by a gradual, tiered, gradual, and istiqomah process. The younger generation needs to be introduced and instilled with character values from family, school and society to grow into adults with character (Muthmainah, 2020). By internalizing character values in the Quran, the younger generation can be introduced and encouraged to develop a strong sense of faith and devotion to Allah SWT. Neglect of this issue should not be allowed for the next generation. Character formation is strongly influenced by environmental conditions (Rosyid, 2022).

Several internalization strategies were proposed by Chaq&Mahmudin, (2024) first, education by example, second, education by advice, third, education by attention or supervision, fourth, digital era education. In contrast to Muthmainah, (2020) the internalization phase consists of 3 processes, namely first, providing knowledge and understanding. Second, getting used to noble moral activities, Third, the transinternalization stage (showing a good personality). The environment plays a major role in shaping the development of a person's personality. Family, school, and society have a role to play (Rosyid, 2022).

Given the many challenges related to Gen Z personality development, the role of the three pillars of education is indispensable in this situation. The development of a country requires awareness of the importance of character. (Rohman et al., 2023). Formalization

Personality development is a process that occurs at school, in the family, and in the social environment around the child. These three parties become the center that is expected to realize the success of character education for the nation's generation (Rahman, 2022). Next, we will explain the internalization process of each party that plays a role.

1. The Family

The family is the first educational social environment that children, especially generation Z, encounter. The guidance that children must receive is in the form of ethics, manners, and character (Kurniawan, 2021). The family is also the smallest community that forms Islamic character. A person's personality reflects the personality of his family. This element is fundamental and requires good advice and examples. (Rohman et al., 2023).

The method that needs to be emulated in the family is the method described in QS Luqman. The education carried out by Luqman to his son centered on material and methods. The material taught includes creed, sharia and moral education. While the method used by Luqman is Maw'idhzhah (advice). Character education with a will to his son illustrates the ideality of wisdom in the form of commands and prohibitions (Arif, 2014). The purpose of teaching the Koran is to form morals by understanding its meaning and understanding its recitation (Rosyid, 2022).

The role of the family in instilling character values can also be done by guiding based on the Qur'an, directing to the right path, and being an example in applying character values in the Qur'an (Sutarto, 2023). It is a must for families to educate children to become a noble generation.

2. The School

Schools are educational social environments that provide character education in a formal sense. The portion of character development has been provided in schools with various programs in the form of instilling character values in the school community such as knowing the meaning of character values, being aware of the importance of character values and actions that reflect character values (Kurniawan, 2021).

The internalization process in schools includes, 1) conducting subjects related to character education, 2) integrating with the school curriculum, 3) including other subjects containing character values, 4) implementing in the school environment (Amin, 2021). Cooperation between parents and teachers must be carried out every day to create habits that support optimal character development (Aulia&Nafiisah, 2023).

The implementation of the internalization strategy at SMA Negeri 1 Lawang school is 1) The Al-Quran recitation program is carried out twice a week for 15 minutes before starting learning, 2) religious habituation programs at school along with teacher involvement. The character values instilled in children are discipline, honesty, and visionary (Nurulita, 2023). Furthermore, for example at MTsN. Hidayatus Sibyan internalizing character values with several strategies including: habituation or acculturation, direction and guidance, cooperation with parents and the community, madrasah rules. MTs Muhammadiyah internalizes by integrating the curriculum of advice, discipline, acculturation, habituation, exemplary (Amin, 2021).

In addition, other approaches that can be applied by schools include 1) through acculturation of extracurricular activities routine activities, conditional activities, conditioning activities. 2) through habituation of children to praiseworthy behavior, eager to learn, hard work, sincerity, honesty, discipline and responsibility. 3) through exemplary behavior by people trusted by children. 4) through fostering discipline. 5) through the involvement of all elements as mentors and monitors of children's character development (Amin, 2021).

The various strategies implemented by schools show their seriousness in shaping and fostering the character of the younger generation. Schools should carry out their duties and functions to produce a superior generation to prepare for the future.

3. The Community

The community also plays a role in the formation of character values in the Qur'an in children. This can be seen that in addition to the role of family and school as the main foundation, the community is also a monitor and controller when children have begun to interact with the surrounding environment (Masitoh, 2023).

Schools and communities can work together to create a good environment for the younger generation. A program that can be carried out by schools for the community is community service. This program can educate children on how to apply knowledge and experience while at school. The synergy between school and community can actualize the character values obtained at school (Fauzil 'Adzim, 2021).

In order to achieve a generation with noble and praiseworthy character, the community involved in character building must be able to create a positive environment for the growth and development of children's character, because children will learn from their surroundings (Masitoh, 2023).

Thus, the synergy of the three elements controls the formation of children's character for the better. There are important points for the younger generation who study the Qur'an, including first, preventing juvenile delinquency problems. Second, perfecting religious education. Third, Growing children's awareness of The need for religious training and providing a sense of mastery over religious customs. Fourth, open a wide space for communication. (Rosyid, 2022).

Conclusion

The internalization of one's character in a society is a crucial process that involves understanding values, beliefs, actions, practices and attitudes towards one's identity. This process is influenced by various factors that affect the younger generation. Internalization is the process of acquiring, transforming, and internalizing these values in the younger generation in order to form a resilient and devoted person to Allah SWT. Several internalization strategies have been proposed, including exemplary, advice education, supervision education, providing knowledge and understanding, habituation, showing good character (example). The three main pillars of education in this case family, school, and community are closely related to the development of a person's character. The importance of understanding their character should be a priority in fostering the younger generation.

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